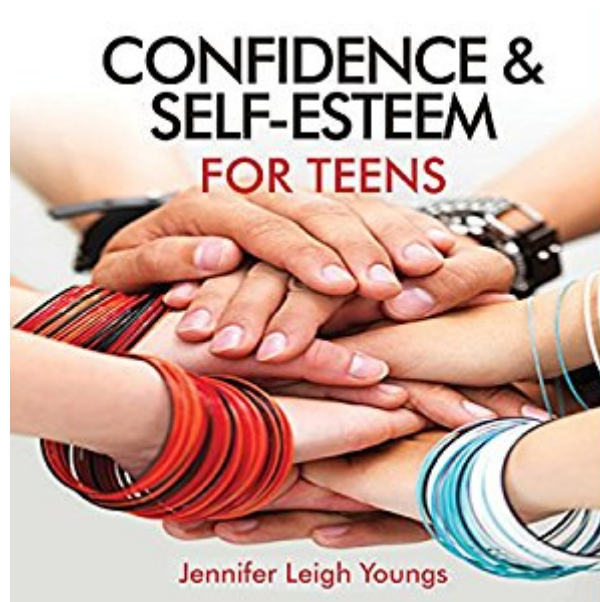


The book was found

Confidence & Self-Esteem For Teens



Synopsis

Confidence & Self-Esteem for Teens is all about the ways that beauty manifests from within. This book shows you how to let your inner beauty shine through - things like the secrets of serenity, steps for staying cool under pressure, building your self-esteem, drawing security from loving others, setting goals, and feeling purposeful - and more.

Book Information

Audible Audio Edition

Listening Length: 1 hour and 23 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Bettie Youngs Book Publishers Co., Inc.

Audible.com Release Date: December 6, 2015

Language: English

ASIN: B018YFL0Y2

Best Sellers Rank: #53 in Books > Teens > Personal Health > Fitness & Exercise #388

in Books > Teens > Personal Health > Self-Esteem #3213 in Books > Teens > Social Issues

[Download to continue reading...](#)

The 21-Day Self-Confidence Challenge: An Easy and Step-by-Step Approach to Overcome Self-Doubt & Low Self-Esteem
How Anansi Learned Self-Esteem: 10 Original Stories for Building Self-Confidence and Self-Respect
Confidence & Self-Esteem for Teens
Children's Book: "Just The Way I Am": How to Build Self Confidence & Self-Esteem in children's books for ages 2 4 8 (Bedtime Stories Early Readers Picture Books in Kids Collection Book 3)
The Tortoise and the Hairpiece: A kids book about how to make a friend and build self esteem and confidence
Schoolgirls: Young Women, Self Esteem, and the Confidence Gap
Maximum Confidence: Ten Secrets of Extreme Self-Esteem
104 Activities That Build: Self-Esteem, Teamwork, Communication, Anger Management, Self-Discovery, Coping Skills
SELF ESTEEM: How To Live In The Present Moment, 2.0 - Let Go Of The Past & Stop Worrying About The Future (Self Help, Mindfulness & Emotional Intelligence)
Indigo Ocean Dreams: 4 Children's Stories Designed to Decrease Stress, Anger and Anxiety while Increasing Self-Esteem and Self-Awareness
Indigo Dreams (3 CD Set): Children's Bedtime Stories Designed to Decrease Stress, Anger and Anxiety while Increasing Self-Esteem and Self-Awareness
The Think Confident, Be Confident Workbook for Teens: Activities to Help You Create Unshakable Self-Confidence and Reach Your Goals
Master Self-Discipline: Simple and

Effective Steps to Develop Self Discipline, Get Organized, and Make Things Happen! (Willpower, Stress Management, Self ... (Self Improvement And Motivational Book 1) The ADHD Workbook for Kids: Helping Children Gain Self-Confidence, Social Skills, and Self-Control (Instant Help) Calculate with Confidence, 6e (Morris, Calculate with Confidence) Calculate with Confidence, 5e (Morris, Calculate with Confidence) Interviewing: BONUS INCLUDED! 37 Ways to Have Unstoppable Confidence in Your Interview! (BONUS INCLUDED! 37 Ways to Have Unstoppable Confidence in Your Interview! GET THE JOB YOU DESERVE!) (Volume 1) Keep Talking German Audio Course - Ten Days to Confidence: Advanced beginner's guide to speaking and understanding with confidence (Teach Yourself: Keep Talking) Confident You! Coloring Book for Children: Fun Drawings with Encouraging, Positive Statements to Improve Self-Esteem Self-Esteem: Third Edition

[Dmca](#)